

Use of first-line trabectedin in advanced leiomyosarcoma: a review of clinical data and future perspectives

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Abstract

Leiomyosarcomas (LMS) represent a large subgroup of soft-tissue sarcoma (STS) generally considered moderately sensitive to conventional chemotherapy. Single-agent doxorubicin is the standard first-line therapy for advanced non-selected STS, although combination with ifosfamide appears to be superior in terms of objective response. Gemcitabine-based regimens, dacarbazine, trabectedin and pazopanib seem to be especially active in patients with advanced LMS, while the activity of ifosfamide in this histotype is low. Data derived from clinical trials and retrospective series show that trabectedin is especially active in L-sarcomas including non-gynecological and uterine LMS as well as liposarcomas, in particular myxoid liposarcomas. Trabectedin has also been tested in the first-line setting, alone or in combination with doxorubicin, for the treatment of LMS of uterine and non-uterine origin in a trial by the French Sarcoma Group (phase II study *LMS-02*) with encouraging results in terms of median progression-free survival and objective response. The toxicity profile of trabectedin appears to be comparable to, or even more manageable than, that of other chemotherapy combinations in the first-line setting. Designing new clinical trials based on specific histologic subtypes is feasible, and the results of such studies would help to optimize the management of patients with STS.

Key words: leiomyosarcoma, soft tissue sarcoma, trabectedin

Introduction

Soft-tissue sarcomas (STS) are a heterogeneous group of more than 50 different tumor subtypes, representing about 2% of all solid tumors in adults [1], with about 5 new cases per 100,000 each year in Europe [2]. Leiomyosarcomas (LMS) form a large subgroup of STS (about 24%) [3]. Although gene expression patterns have been reported to differ between uterine (uLMS) and non-uterine LMS, both are generally considered moderately sensitive to conventional chemotherapy [4].

STS can arise at any site in the body, and surgery (with adjuvant radiotherapy when indicated) is the mainstay of

therapy when disease is localized [5]. Patients with high-risk sarcoma (high-grade, deep, >5 cm) [6], and those with tumors arising in the limbs or trunk wall [7] might benefit from adjuvant chemotherapy. Despite optimal local treatment, about one-third of the patients with STS develop metastasis and die as a result of their disease (with median overall survival [OS] of 14–18 months and median progression-free survival [PFS] of 4–7 months for patients treated with anthracycline-containing first-line regimens) [8].

Anthracycline-based regimens (mainly in combination with ifosfamide) have been the mainstay of systemic STS therapy over the last thirty years, being used in the adjuvant setting when indicated and for first-line treatment of advanced disease [9]. Other agents have also shown activity in sarcoma, and several options have been assessed in the setting or progression after anthracyclines in advanced STS. These include gemcitabine combinations, trabectedin and pazopanib. Regarding the different second-line options, expected PFS is about 2–5 months in most cases and there is a lack of direct comparison between the majority of options. Gemcitabine combinations (with docetaxel [10–12] or dacarbazine [13]) represent an interesting therapeutic option

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in patients with pretreated STS, especially in LMS, and probably also in other subtypes, such as undifferentiated pleomorphic sarcoma. Pazopanib was shown to increase PFS by 3 months compared with placebo in patients with non-adipocytic advanced STS [14]. Where clinical trial data are lacking, patient comorbidities and preferences, toxicity profile and histologic subtype are useful criteria to select further lines of therapy beyond anthracyclines and ifosfamide.

First-line therapy of metastatic STS: where are we?

At present, single-agent doxorubicin is the standard first-line therapy in advanced non-selected STS. Until now, phase III studies have not formally demonstrated the superiority of multiagent chemotherapy over doxorubicin alone in terms of OS in advanced disease [8, 9]. However, the combination seems to be superior in terms of response, being a valuable option when tumor shrinkage is needed to palliate symptoms or to facilitate surgery. The combination of gemcitabine and docetaxel, which showed activity in pretreated STS in phase II trials [10-12], was also tested as first-line therapy metastatic uLMS [15]. In this population, more than one-third of patients experienced an objective radiological response. However, recently, the GeDDiS phase III study did not show any superiority of first-line gemcitabine-docetaxel over doxorubicin alone either in terms of PFS or OS in advanced non-selected soft-tissue sarcoma [16].

Trabectedin is another active drug in STS [17, 18], and it has been evaluated in comparison with doxorubicin monotherapy for the first-line treatment of metastatic non-selected STS in the TRUSTS trial. Two schedules of trabectedin were assessed (1.3 mg/m² given over 3 hours and 1.5 mg/m² as a 24-hour continuous infusion, both given on day 1 every 3 weeks). Neither trabectedin regimen showed superiority over doxorubicin in this unselected population. Trabectedin interferes with DNA transcription by binding covalently to the DNA minor groove, interfering with transcription factors. Many sarcomas are characterized by genetic translocations resulting in fusion proteins, which could work as transcription factors. Trabectedin has been evaluated *versus* doxorubicin-based chemotherapy in the first-line of translocation-related sarcomas (TRS). Although underpowered, neither agent showed superiority over the other as first-line treatment in this population [19].

Combinations of doxorubicin with targeted therapies have also been assessed. Conatumumab, an antibody targeting and activating the proapoptotic protein TRAIL,

did not improve patient outcome when added to doxorubicin [20]. Recently, a phase II randomized trial of the combination of doxorubicin and olaratumab, a monoclonal antibody targeting platelet-derived growth factor receptor (PDGFR), showed a trend towards better PFS compared with doxorubicin alone, and a statistically significant and clinically relevant improvement in OS (nearly 12 months) [21]. An ongoing phase III is being conducted to confirm these encouraging results [22]. Overall, though, at present there is no solid evidence for the superiority of an alternative to single-agent doxorubicin in non-selected STS.

Personalized treatment based on histologic subtype. Is it possible?

As noted previously, STS are a heterogeneous group of malignancies. Due to the low incidence of these diseases, clinical trials have traditionally included patients with several histologic subtypes. However, differential sensitivity to chemotherapy has been noted between the different histologic subtypes, something that should be taken into account in decision-making algorithms [23]. As examples of this, synovial sarcoma seems to be sensitive to high-dose ifosfamide [24, 25], angiosarcomas are sensitive to taxanes [26], dacarbazine and temozolomide seem to be particularly active in LMS [27]. Gemcitabine-based regimes seem to be especially beneficial in patients with LMS and undifferentiated pleomorphic sarcoma [10-13]. Trabectedin has shown potential in LMS, liposarcoma and synovial sarcoma [17, 28], and high activity has been described in myxoid liposarcoma [29]. Identifying differential sensitivity of the different histologic subtypes could help to optimize patient management by allowing physicians to choose the most appropriate sequence of drugs and design potential combinations to maximize the benefits obtained from systemic therapy.

Trabectedin and LMS

Use of trabectedin in patients with STS is associated with low response rates (usually <10% in pretreated patients [17, 28]). However, 3- and 6-month progression-free rates (39–56% and 24–37%, respectively) [17, 28-30] show that patients who do achieve disease stabilization could have a prolonged disease control. Data from clinical trials show better activity in some histologic subtypes, as LMS. In a phase II EORTC trial, 56% of patients with pretreated LMS achieved disease control with trabectedin 1.5 mg/m² given as a 24-hour continuous infusion. Data from the trabectedin expanded access program showed a 7.5% response rate in pretreated LMS, with a median OS of 16.2 months [31]. Of note,

trabectedin had a manageable toxicity profile, with neutropenia and elevation of transaminases being the most reported grade 3-4 toxicities; cumulative toxicities were not observed. Regarding the duration of therapy with trabectedin, a phase II trial from the French Sarcoma Group (T-DIS study) randomized patients with non-selected advanced STS achieving disease control after 6 cycles of trabectedin to continue or interrupt therapy; patients progressing after stopping trabectedin were allowed to restart the drug. After randomization, PFS at 6 months was 51.9% in the continuation group *versus* 23.1% in the interruption group ($p=0.02$) [32].

Trabectedin as first-line therapy for LMS: initial results and perspectives

Trabectedin has also been studied as first-line therapy for STS. A phase II trial assessing trabectedin 1.5 mg/m² infused over 24 hours in chemotherapy-naïve patients reported a clinical benefit rate of 20%. Interestingly, patients who had longer PFS times had LMS (PFS of 36 and 29+ months) [33]. Focusing on uLMS, the Gynecologic Oncology Group (GOG) enrolled 20 chemotherapy-naïve patients in a phase II trial with trabectedin 1.5 mg/m² (24-hour infusion). Two patients (10%) achieved a partial response, and median PFS and OS were 5.8 months and >26 months respectively [34]. Although the objective response rate remained low, outcomes are similar to those reported with other regimens in the first-line setting [8, 15, 35].

Combinations of trabectedin have also been tested. Based on preclinical data showing a synergistic antitumor effect of doxorubicin and trabectedin and the safety of the combination in two phase I trials [36, 37], a phase II trial was performed by the French Sarcoma Group [38]. This trial enrolled 109 chemotherapy-naïve patients with advanced LMS (47 uterine and 61 soft-tissue). Patients received up to 6 cycles of doxorubicin 60 mg/m² followed by trabectedin 1.1 mg/m² infused over 3 hours; these doses and schedules were based on those used in a previous phase I trial [38]. The phase II study reported striking results in terms of median PFS (8.2 months for uLMS and 12.9 months for soft-tissue LMS) and objective response rate (59.6% and 39.4% for uLMS and soft-tissue LMS respectively). About 90% of patients (87.2% with uLMS and 91.8% with soft-tissue LMS) achieved disease control. Median OS for uterine and soft-tissue LMS

patients was 20.2 and 34.5 months, respectively [38]. Regarding toxicity, the most frequent grade 3-4 adverse events were neutropenia (78% of patients), elevation of transaminases (39%), thrombocytopenia (37%), anemia (27%), febrile neutropenia (24%), and fatigue (19%). One toxic death was reported. Overall, this toxicity profile seems to be comparable to or even more manageable than other combinations such as doxorubicin and ifosfamide [8] or gemcitabine and docetaxel [10].

On the other hand, a randomized phase II trial by the Spanish Group for Research on Sarcoma (GEIS) comparing trabectedin-doxorubicin *versus* doxorubicin alone failed to find any difference between outcomes in patients treated with trabectedin + doxorubicin *versus* doxorubicin alone [39], although this study included patients with different histologic subtypes.

Given the results of the LMS-02 and T-DIS trials, it would appear that a phase III clinical study comparing the combination of trabectedin and doxorubicin to doxorubicin alone for the first-line treatment of metastatic LMS is warranted. The continuation of trabectedin beyond 6 cycles in patients achieving disease control could also be explored in this setting.

Conclusions

STS is a heterogeneous group of malignancies with different biologic behaviors, including differential sensitivity to the active systemic drugs. Developing clinical trials based on specific histologic subtypes is feasible, and extremely useful for facilitating the optimal management of patients with STS. The combination of trabectedin and doxorubicin in LMS of both uterine and non-uterine origin appears to be a promising option that provides clinically meaningful benefit. This approach deserves further investigation in a phase III prospective randomized clinical trial.

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Conflicts of Interest

The Authors declare there are no conflicts of interest in relation to this article.

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