**Manuscript**

Abstract  
Type here your abstract which must be no longer than 250 words. Abstract needs to be structure or not depending on your article type (see [Content type guidelines](https://journals.aboutscience.eu/index.php/aop/content_type))

Keywords: Enter 3 to 6 keywords

**Key messages**: if you are submitting a *Review* or *Original research article*

* **What is already known about this topic**: summarize in no more than 35 words background information on the topic
* **What does the study add**: summarize in no more than 35 words what the manuscript adds to current knowledge

**Manuscript structure**

Divide the manuscript is suitable sections, for example:

1. Introduction

2. Methods

3. Results

4. Conclusions

Identify references in text, tables, and legends in Arabic numerals in parentheses, i.e., (7).

**Headings**

Headings must not be introduced by numbers or letters (Introduction, not 1. Introduction).

No full stop at the end of heading title

**Level 1 heading [bold] e.g. Materials and methods**

***Level 2 heading [bold italic] e.g. Overall patency***  
*Level 3 heading [italic] e.g., Standard of protocol value*  
Level 4 heading [Roman] e.g., Physical impairments

Use sentence case, no initial caps (Materials and methods, not Materials and Methods)  
Text always flush left

**Figures**Included your figures in the text where they are cited

**Tables**

Insert tables here using the table tool of Word. Each table must be numbered (Table I, Table II, etc.)

**Figures and legends**

Type your legends here, make sure you identify them according to figure number;

Figures must be submitted as separate files, as they need to be of good quality for publication.

**References**

Format references as follows:

1. Standard journal article  
   Gass JD, Harbin TS Jr, Del Piero EJ. Exudative stellate neuroretinopathy and Coats’ syndrome in patients with progressive hemifacial atrophy. Eur J Ophthalmol 1991; 1: 2-10.
2. Book  
   Harrington DO, Drake MV. The Visual Field. Text and Atlas of Clinical Perimetry, 6th ed. St Louis: CV Mosby, 1990; 156.
3. Chapter in book  
   Harrington DO, Drake MV. The Visual Field. Text and Atlas of Clinical Perimetry, 6th ed. St Louis: CV Mosby, 1990; 156.
4. Online-only reference  
   Hussain N, Clive J, Bhandari V. Current incidence of retinopathy of prematurity, 1989–1997. Pediatrics 1999; 104: e26. *Available at http://pediatrics.aappublications.org/content/104/3/e26.abstract. (Accessed July 21, 2014)*